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# A Contemporary Approach To Substance Abuse And Addiction Counseling: A Counselor's Guide To Application And Understanding



## Synopsis

Straightforward and reader-friendly, *A Contemporary Approach to Substance Abuse and Addiction Counseling* provides a basic understanding of the nature of substance abuse and addiction, its progression, and clinical interventions for college/university, school, and community/mental health agency settings. Focusing on clinical applications and how-tos, this book will help counselors and counselors-in-training more fully engage in the helping process, find creative approaches for working with struggling clients, and embrace a holistic approach to assisting clients on their journey toward healing and recovery. Topics covered include drug classifications; assessment; working with ethnically diverse clients, the GLBT population, and women; the continuum from nonuse to addiction; developmental approaches in treating addiction; relapse prevention; grief and loss in addiction; group counseling; working with families; spirituality; addictions training and ethical issues; understanding and applying the 2009 CACREP Standards for Addiction Counseling; and counselor self-care. Real-life case examples throughout the text and exploration questions at the end of each chapter will captivate students and facilitate discussion.

## Book Information

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## Customer Reviews

This is the first addictions counseling text I have found that accurately describes and addresses the real work done by substance abuse counselors. It is written by authors who have extensive experience in treating addiction and who are in touch with addictions counseling as it is actually practiced. I have searched for such a text for years; I will definitely be adopting it for my addictions

counseling course. --Charles F. Gressard, PhD, College of William & Mary  
Brooks and McHenry deliver in ways that will help prepare the next generation of excellent addictions counselors. I believe that this book deserves a place both on your bookshelf and in your classroom. --W. Bryce Hagedorn, PhD, University of Central Florida  
Brooks and McHenry deliver in ways that will help prepare the next generation of excellent addictions counselors. I believe that this book deserves a place both on your bookshelf and in your classroom. --W. Bryce Hagedorn, PhD, University of Central Florida

Love the information but most of all the vignettes help to paint a clear picture of how to facilitate a session with the client.

Master level textbook

I generally liked this book. It was very helpful as far as giving us a general overview about addictions, treatment and other special issues. The book was written in such a way that it was interesting and informative at the same time.

I am a college professor. My students seem to really like this book. I find that the concepts are written in a way that is easily understood by my graduate students who are studying to become professional counselors.

Great book with more personal insights from the authors than expected. Reads more like a well written book than a textbook.

This is full of great information that is relevant to my practice and class discussion. I am glad for it's input!

It arrived in great condition.

Perfect condition

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Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Addiction and Recovery: How to Overcome Alcohol, Gambling, Drug, Sex, Food, and Technology Addictions (Addiction, Substance Abuse, Addiction and Recovery, Alcohol Addiction) Master Book On Addiction: How To Overcome Drug Addiction-Alcohol Addiction-Smoking Addiction-Gambling Addiction-Internet Addiction-Overeating Encyclopedia of Counseling: Master Review and Tutorial for the National Counselor Examination, State Counseling Exams, and the Counselor Preparation Comprehensive Examination (Volume 1) Breaking Bad Habits: 11 Steps to Freedom (addiction, food addiction, sugar addiction, gambling addiction, addiction recovery, habits, breaking bad habits) Seeking Safety: A Treatment Manual for PTSD and Substance Abuse (The Guilford Substance Abuse Series) Fundamentals of Substance Abuse Practice (SAB 110 Substance Abuse Overview) Porn Addiction: How to Quit Porn, Porn Addiction, Step-by-Step Easy Guide to Control Your Porn Addiction, Stop Watching Porn in 7 Days! (Porn Addiction, Improve Your Relations, Live Happier Life) Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) The Nicotine Addiction Cure - How to Avoid Triggers, Manage Withdrawal Symptoms, and Quit Nicotine & Smoking for Life (tobacco addiction, nicotine addiction, ... recovery, smoking addiction, stop smoking,) Opiate Addiction - How to detox from Opiates (How to Get Off Opiates): SHORT READS - Signs of opiate addiction, Symptoms of opiate use, Signs of opiate ... prescription drugs abuse, heroin addiction) Substance Use Counseling: Theory and Practice (6th Edition) (The Merrill Counseling Series) Substance Abuse Counseling (SW 393R 23-Treatment of Chemical Dependency) Substance Abuse Counseling Crisis Counseling (Creative Pastoral Care and Counseling) (Creative Pastoral Care & Counseling) Counseling Survivors of Sexual Abuse (AACC Counseling Library) Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) Gambling:Overcoming Gambling Addiction- The Ultimate Blueprint To Escape Compulsive Gambling Addiction Forever! (Gambling Addiction,Gambling,Compulsive Gambling,Roulette,Gambling Systems) My Husband's a Porn Addict: A wife's tormenting journey through her husband's addiction ((Pornography addiction, porn addiction, spouse of porn addict))

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